

Clinical & Consulting Psychologists



We are here to help. Research-based strategies to support your quality of life & emotional wellbeing.

- Changes to health & lifestyle
- Anxiety & stress
- Depression & low mood
- Chronic pain
- Sleep difficulties & fatigue
- Cancer & other health concerns
- POTS & long COVID
- Health worries
- Intimacy & sexual wellbeing
- Familial cancer risk
- Loss & grief

We provide services under Medicare, & can discuss different options for accessing our in-person & telehealth services.



 (02) 9453 3027

 info@headwayhealth.com.au



Frenchs Forest | SAH Wahroonga | GenesisCare St Leonards
Mater Hospital North Sydney | Telehealth